

# Project LIFE Lesson Plan



<b>Name:</b>	<b>Date:</b>
<b>Unit:</b> 2 - Self-Determination	<b>Domain:</b> Home

## Project LIFE Competency: 2.2.1

### Lesson Objective(s):

#### Interns will:

1. Identify preferences for future living environments.
2. Demonstrate ability to share plans for future living environments to the IEP team.

### Lesson Assessments (directly tied to objectives):

#### Formative:

2.2.1 Worksheets / Google Sheets for Future Living Preferences Inventory and Exit Tickets

#### Summative:

Unit 2: Self-Determination Google Form/Worksheet Unit Assessment

### Key Vocabulary:

independent living: to be as self-sufficient as possible

house: a building for human habitation, especially one that is lived in by a family or small group of people

apartment: a large building containing residential suites; a suite of rooms forming one residence;

townhouse: a tall, narrow, traditional row house, generally having three or more floors; a multi-story house in a modern housing development which is attached to one or more similar houses by shared walls

condo or condominium: a building or complex of buildings containing a number of individually owned apartments or houses

studio: an apartment consisting of a single large room serving as bedroom and living room, with a separate bathroom

assisted-living: housing for people who are elderly or have disabilities that provides nursing care, housekeeping, and prepared meals as needed

group home: a home where a small number of unrelated people in need of care, support, or supervision can live together, such as those who are elderly or have disabilities

**How will you differentiate?**

Extension activities can include interns using technology to search for housing options either in their area or maybe an area where they would like to live eventually.

**Supporting Resources to Enhance/Extend/Accommodate:**

Restate Website:

[www.zillow.com](http://www.zillow.com)

Website to look up apartments / places to rent.

[www.rent.com](http://www.rent.com)

Padmapper platform and app.

[www.padmapper.com](http://www.padmapper.com)

Instructional video about padmapper and how to use it.

<https://www.youtube.com/watch?v=QE4WuYHqdtQ>

**Lesson Delivery**

**Discussion**

Do you ever think about your future? What do you think about when you do? (employment/job; where I want to live; relationships; having a pet; etc.)

**Activity**

Guided Practice:

Instructor will lead the interns through the presentation to discuss the following:

1. Housing vocabulary on different types of options available.
2. Prior to handing out or assigning the inventory to interns, interns will work in a small group to create a list of skills they believe a person needs in order to live as independently as possible. Have the groups present their list to the whole class after the time limit is reached.

Individual Practice:

1. Interns will complete the 2.2.1 Google Form or 2.2.1 Worksheet to complete the survey on their level of independence in completing common skills and tasks in the home environment.
2. Extension Activity: Interns will conduct an online search of living options available to them in their community, and complete the worksheet 2.2.1: Self-Determination Living on My Own Planning Sheet.

**Closure:**

After completing the survey, all interns will complete the 2.2.1 Exit Ticket to determine two strengths, 2 areas they need help with, and 2 tasks or skills they are not able to perform.

**Assess Student Progress:**

Intern progress will be assessed by progress made through continued monitoring of the independent living skills and tasks the intern identified as areas of need for assistance and continued instruction.

SAMPLE